

BEAT THE SUMMER HEAT!

JULY

SILK ALMOND UNSWEETENED BEVERAGE BENEFITS



Add our refreshing Silk Almond unsweetened beverage to your lineup! It makes the perfect addition to smoothies and iced coffee beverages!

SWEETHEART SMOOTHIE



Prep time
5 minutes



Serves
24 cups (250 mL each)

Ingredients

12 cups (3 L) Silk Almond unsweetened beverage
48 fresh or frozen strawberries, chopped (about 2 lb/1 kg)
4 cups (1 L) fresh or frozen blueberries (about 1 1/4 lb/625 g)
3 cups (750 mL) fresh or frozen raspberries (1 lb/500 g)
12 fresh basil or mint leaves (optional)
6 cups (1.5 L) ice cubes

Directions

Place blueberries, strawberries and raspberries into a blender. Pour in Silk Almond Beverage and basil. Puree in a blender until smooth. Add ice cubes if using fresh fruit for a colder smoothie or alternatively serve over ice. Garnish if desired.

Tip: Swap in Silk Almond Vanilla for a wonderful addition of flavour to the berries.

Garnish with fresh mint or basil leaves, berries and chopped almonds

Note: This is not a thick smoothie, so the ice helps build some texture. If using frozen fruit, you may not need to add any ice, which will yield less product.

For More Information, please contact:



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